

BROOKS CROSSING ELEMENTARY SCHOOL

(A TWO CAMPUS COMMUNITY)

2019-2020 BACK TO SCHOOL NIGHT

Jaime MacCarone, Principal
Lisa Rogol, Assistant Principal



IGNITE YOUR PASSION . . .

AND BRIGHTEN THE WAY

Responsive Classroom and C.A.R.E.S

- Cooperation
- Assertion
- Responsibility
- Empathy
- Self-Control

Teaching Cooperation

What can you do?

- Foster loving, caring relationships with your children
- Be a strong role-model and mentor

Teaching Assertion

What can you do?

- Model assertive behavior when interacting with family members, friends and acquaintances
- Role play situations where your child should be assertive – help them find the words
- Discuss scenarios they are facing, the feelings the situation brings and potential ways to independently manage it
- Only get involved as a very last resort

Teaching Responsibility

- **What can you do?**
 - When they are eager to help, let them!
 - Assign chores (have them work alongside you)
 - Help children to take responsibility for their mistakes
 - Model responsible choices – interactions, tasks, etc.

Teaching Empathy

- What can you do?
 - Encourage a balanced view of self
 - Specific praise
 - Limit social media exposure
 - Encourage your child to apologize quickly and meaningfully
 - Promote gratitude
 - Teach children that there is value in helping others
 - Emphasize that having the ability to help others is a privilege (means, time, situation)
 - Expect your child to do chores

Teaching Self-Control

- **What can you do?**
 - Help your child to understand consequences of actions, both good and bad
 - Teach your child to prioritize
 - Set boundaries
 - Calmly say no and stick to it
 - Set social media and video game boundaries
 - Be a good role-model – model self-regulation


Teaching Resilience

- **What can you do?**
 - When facing failure:
 - Help your child put things in perspective
 - Help your child work out a strategy for improvement
 - Avoid fixing the problem
 - When your child receives constructive criticism:
 - Help them to analyze these questions:
 - “Why do you think the correction was given?”
 - “How can you improve?”
 - “What will you do the next time you are in a similar situation?”
 - Share your own experiences of facing challenges and how you got through them

Parent Academy Evenings

- Teaching Self Discipline with Everyone's Dignity Intact
 - October 24th at 7:00
 - Crossroads Middle School

Check the website for more!



**THE VALUE OF
YOU!**

Join the Brooks Crossing PTO!

- The experiences of our BC students are better because of our PTO and **YOUR INVOLVEMENT!**
 - All donations go right back to our schools
 - Programs
 - Teacher grants
 - Equipment
 - Get Involved!
 - Join!
 - Come to PTO sponsored events
 - Volunteer
- Next PTO Meeting: October 22nd – 7:00 at Brooks Crossing

Don't become preoccupied with your child's academic ability but instead teach them to sit with those sitting alone. Teach them to be kind. Teach them to offer their help. Teach them to be a friend to the lonely. Teach them to encourage others. Teach them to think about other people. Teach them to share. **Teach them to look for the good. This is how they'll change the world.**



We Are Here and Part of Your Team

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Check Our Online Friday Folder and BC website regularly – they are updated weekly!